


BAY ROBERTS 709.786.2101
 CARBONEAR 709.596.6644

Fresh, Friendly and Local - Since 1948
Powell's
 Supermarket

VISIT US ON FACEBOOK  @PowellsNL

 View our flyer online at www.powellsnl.ca

\$4.44
 PER LB.
 \$9.79/KG.



Made from Fresh or Frozen Portions Value Pack
Regular Ground Beef

\$5.99
 PER LB.
 \$13.21/KG.



Fresh Country Ribbon Value Pack
Boneless Skinless Chicken Breast

\$5.99
 PER LB.
 \$13.21/KG.



Cut From Canada AA or USDA Select Grades Beef
Boneless Inside Round Roast

\$17.88



10lb Seafresh
Battered Fish

\$1.44



454g Selected
 Primo
Pasta

\$4.97



1lb Product of U.S.
Strawberries

\$1.88



156g Burns
Flakes of Meat

\$6.88



1.42-1.63lt Arm & Hammer
Laundry Detergent

10/**\$5.77**



Size 88's Product of Egypt
Navel Oranges

\$2.88



1lt Primo
Ketchup

3/**\$5**



2lt Assorted
Coke & Flavours



NATIONAL
GRILLED CHEESE
 DAY

\$3.99



375g Leadbetter's
Smoked Bacon

\$3.99



410g Kraft Singles
Cheese Slices

2/**\$6.50**



570g Ben's
Holsum Bread

\$5.99



850g Becel Regular or
 Olive Oil
Margarine

PRICES ARE IN EFFECT APRIL 11-17, 2024

All items might not be available at all Powell's locations. Photos are for illustration purposes only. Text will prevail. We reserve the right to limit quantities. We do not sell to retailers.

THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY
11	12	13	14	15	16	17

2/\$2.22



284ml Success Pieces & Stems Mushrooms

\$8.44



144ct Red Rose Tea Bags

\$4.88



218-650ml Classico Pasta Sauce

2/\$6



340g Litehouse Caramel Tub

2/\$6



398ml Del Monte Tin Fruit

\$4.88



385-400g Purity Coconut Bar, Family or Ginger Cookies

\$9.88



6pk Sponge Ultra CAS Paper Towels

\$1.88



170g Dutch Baby Thick Cream

2/\$5



425g Chef Boyardee Pasta

\$13.88



3lt Primo Vegetable Oil

\$4.88



828-946ml Carnation Coffee Mate Liquid

\$1.69



350g Green Barn Yellow Split Peas

\$3.88



905g Pearl Milling Pancake Mix or 710ml Syrup

\$7.99



8pk Cashmere Bathroom Tissue

\$2.77



350g Minute Rice

3/\$4



1lt Coke & Flavours

2/\$4.44



2lt Fruite Drink

\$3.99



3lb Golden Crust Bread & Roll Mix

2/\$6.88



341ml VH Dipping Sauce

2/\$4.44



354ml Dairy Isle 2% or Regular Evaporated Milk

\$4.44



300-350g Purity Cream Crackers

\$4.44



354-437g General Mills Chex or Oatmeal Crisp Cereal

\$4.88



475ml Kraft Sandwich Spread

\$2.88



18g Mount Scio Savoury

GRAB YOUR JUNIOR SHOPPER PASSPORT AT ANY CHECKOUT (PROMO BEGINS APRIL 18TH)

EXPLORE OUR SUPERMARKETS WITH PEPPER, COLLECT YOUR WEEKLY PASSPORT STICKER & WIN A STUFFIE OF YOUR VERY OWN! DETAILS IN STORE & ON OUR FACEBOOK PAGE.

JUNIOR SHOPPER PASSPORT

STICKER & COLOURING BOOK

NATIONAL CHEESEBALL DAY

\$6.88

320-400g Cracker Barrel Cheese Bars or Shreds

\$4.44

227-250g Kraft Philadelphia Cream Cheese

\$4.44

350g Christie Ritz Crackers

\$1.97 BUNCH

Product of U.S. Green Onions



Your Newfoundland Butcher

\$369
PER LB.
\$8.13/KG.

Frozen Value Pack
Pork Butt Chops

\$899

1.5kg Chris Brothers
Chub Bologna

\$2299

16ct Outlaw
Beef Burgers

Lunchmate
Summer Sausage
Sausisson
90g

55-120g JMS
Lunchmates

\$299

2/\$3

113g Frozen
Beef Liver

\$599

500g Selected Johnsonville
Sausages

\$499
PER LB.
\$11.00/KG.

Fresh
Pork Belly

\$999

450g Schneider's
Pork or Chicken Schnitzel

\$1399

780g Pinty's
Bold Chicken Breast Chunks

\$599
PER LB.
\$13.21/KG.

Cut from Canada AA or USDA
Select Grades Beef
Boneless Stewing Beef

\$599
PER LB.
\$13.21/KG.

Quality Vac Pack
Salt Pork Fatback

\$699

250g Maple Leaf
Prepped & Ready
Chicken or Ham

\$699

900g Larsen Regular or BBQ
Wieners

\$699

650g Butcher Selections
Button Bones

FRESH. FRIENDLY. LOCAL



Deli

\$299

Chris Brothers
PIZZA VARIETY VALU PAK
175g Chris Brothers
Pizza Variety Pack

\$477

200-250g Main Street
Deli Sliced Meats

\$249
PER 100G

Store Sliced Deli Classic
Cooked Roast Beef

\$10

10pk Instore Hot or Chilled
Breaded Chicken Fillets

FRESH. FRIENDLY. LOCAL



From the Sea

\$488

350g High Liner Catch
of the Day
Breaded Fish

\$444

200g Land & Sea
Cod au Gratin

\$999
PER LB.
\$22.02/KG.

Previously Frozen
Halibut Steaks

\$488

255g Comeau
Fish Cakes

\$349

350g Limfjord
Marinated or Mussel Salad



FRESH. FRIENDLY. LOCAL



GET YOUR JR. SHOPPER PASSPORT AT ANY CHECKOUT!



Each flyer week (starting April 18th) Pepper will pop up by one of her favourite items. That item is the new **STICKER OF THE WEEK!**

Place that new sticker in your passport. Collect them **ALL** & earn a **PEPPER STUFFIE** ❤️ of your very own!



THANK YOU

to our sponsors...



*Weekly stickers available at any checkout starting April 18th. One per Jr. Shopper. Details in store.



Fresh Produce

\$3⁷⁷

8oz Product of Canada

White Mushrooms



\$3⁴⁷
PER LB.
\$7.65/KG.



Product of Canada
Hot House Tomatoes

\$3⁷⁷
PER LB.
\$8.31/KG.



Product of Chile
Plums

\$5⁷⁷



3lb Product of Canada
Cortland Apples

\$3⁷⁷
BUNCH



Product of U.S.
Celery Stalks

\$6⁹⁷
EACH



Product of Mexico
Honeydew Melon

\$4⁹⁷



3lb Product of Canada
Carrots

\$2⁷⁷
EACH



Product of The Tropics
Mangoes

\$2⁴⁷
EACH



Product of Canada
English Cucumber

\$4⁷⁷



170g Product of Mexico
Blackberries

FRESH. FRIENDLY. LOCAL



Dairy

\$6⁹⁹

8x93ml Yoplait Yop
Drinkable Yogurt



\$4⁸⁸



200g Armstrong
Cheese Nibblers or Poutine Curds

\$4⁴⁴



454g Pillsbury RTB
Chocolate Chip & Chunk Cookie Dough

2/\$6⁵⁰



454g Central Dairies
Soft Margarine

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Frozen

\$7⁴⁹

5lb McCain
Symphony French Fries



\$4⁴⁴

300g
Pogo Sticks



\$5⁸⁸

200g McCain
Breakfast Bowls



\$3⁸⁸



125g
Giuseppe Paninis

\$8⁹⁹



475g Watson Ridge
Chicken Wings

\$4⁸⁸



288g Furlani
Three Cheese Texas Toast

\$4⁸⁸



520g Apple Valley
Lemon Meringue Pie

\$8⁹⁹



1kg Cavendish Value Pack
Onion Rings

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Bakery



\$2⁹⁹

Baked In-Store

3 Bun Homestyle
White Bread



\$8²⁹ 6pk Golden Crust
Raspberry Flakes



\$7⁷⁹

12pk Golden Crust
Five Star Cookies



\$12⁹⁹

Baked In-Store

Peanut Butter
Chocolate Deluxe
Cake



\$7⁹⁹

Homestyle
Carrot Loaf

Baked In-Store



\$4⁹⁹

600g Golden Crust
Multigrain & Flax Bread



\$2⁹⁹

12pk White or
Whole Wheat
Circle Dinner Rolls

Baked In-Store



STARTING AT
\$6⁹⁹ Powell's Artisan
Sourdough Bread

Baked In-Store



\$2⁴⁹

Golden Crust Assorted
Single Serve Flips

FRESH. FRIENDLY. LOCAL



PRICES ARE IN EFFECT UNTIL APRIL 24, 2024

Smart Shopper

\$8⁹⁹



144ct Tetley
Tea Bags

\$3⁴⁴



500ml Crown
Corn Syrup

\$4⁴⁴



170g Blue Diamond
Almond Snacks

\$4⁴⁴



355ml VH
Stir Fry Sauce

\$14⁸⁸



1.7kg Becel
Regular Margarine

\$3⁷⁷



500g Meow Mix
Dry Cat Food

\$1⁸⁸



110g Mr. Noodle
Bowls

2/\$3



43-116g Idahoan
Mashed Potatoes

\$1⁴⁴



28g French's
Marinade Mix

\$1⁴⁴



150g Kitchen 88
Rice

\$3⁸⁸



340g Klik or Kam
Luncheon Meat

\$10⁸⁸



6x330ml Corona Sunbrew
Non-Alcoholic Beer

FRESH. FRIENDLY. LOCAL

Personal Care

\$5⁸⁸



18ct Tampax Pearl
Tampons

\$7⁴⁴



80ct Johnson & Johnson
Band-aids

\$6⁴⁴



24ct Aleve
Caplets

\$5⁴⁹



625ct Q-tips
Cotton Swabs

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Refreshments & Snacks

2/\$14



12x355ml Pepsi & Flavours

2/\$9



180-285g Doritos or Cheetos XL Snacks

2/\$7.50



190-280g Havoc XL Snacks

\$1.77



340ml Simply Refrigerated Juice

2/\$1



30-32g Tunnocks Wafer or Caramel Log Bar

2/\$5



90-120g Selected Hershey Family Size Chocolate Bar

\$3.44



12x500ml Pure Life Spring Water

\$3.88



230-295g Old Dutch Restaurant Tortilla Chips

\$3.44



125-295g Kellogg's Nutri-Grain Bars or Special K Crisps

\$3.88



190-280g Takis Chips

99¢



473ml Snapple Drink

3/\$4



100g Vidal Sour Pencils or Belts

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Furry Friends

\$4.99



340g Milk Bone Dipped Dog Treats

\$12.88



2kg Whiskas Dry Cat Food

\$28.99



8kg Pedigree Healthy Vitality Dog Food

\$17.88



9.1kg Arm & Hammer Slide Multicat Cat Litter

\$3.88



630g Pedigree Dog Food

2/\$3



75g Whiskas Perfect Portions Cat Food



House and Home

\$5.99



1.41lt Pine-Sol Household Cleaner

\$3.77



235g Glade Aerosol Air Freshener

\$5.77



2.4lt Clorox Bleach

\$4.88



1.36lt Fleecy Fabric Softener

\$3.99



473ml Mr. Clean Clean Freak Spring Fresh Refill

\$8.77



20ct Cascade Complete Fresh Dish Tabs

FRESH. FRIENDLY. LOCAL

More Great Deals

\$17.99



30ct Nescafe Coffee Pods

\$3.29



380ml VH Soya Sauce

\$2.77



400g Ambrosia Custard or Rice Pudding

\$4.88



6x355ml Origin Organic Sparkling Water

\$1.88



127g Mario's Chicken Breast Chunks

\$2.44



375ml Primo Pizza Squeeze

4/\$5



200g Lady Sarah Wafers

\$7.99



1.35kg Crosbys Family Molasses

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