

BAY ROBERTS 709.786.2101
CARBONEAR 709.596.6644

VISIT US ON FACEBOOK  @PowellsNL



View our flyer online at
www.powellsnl.ca

Fresh, Friendly and Local – Since 1948

Powell's Supermarket

Happy
ST PATRICKS DAY

\$2⁴⁹
PER LB.
\$5.49/KG.



Fresh Country Ribbon Value Pack
Whole Chicken Legs

\$5⁹⁹
PER LB.
\$13.21/KG.



Cut From Canada AA or USDA Select Grades Beef
Outside Round Oven Roast

\$2⁹⁹
PER LB.
\$6.59/KG.



Fresh
Pork Side Rib

2/\$4⁸⁸



55-120g JMS
Lunchmates (excludes Adult Kits)

\$1⁷⁷



156g Burn's
Flakes of Meat

\$4⁹⁹



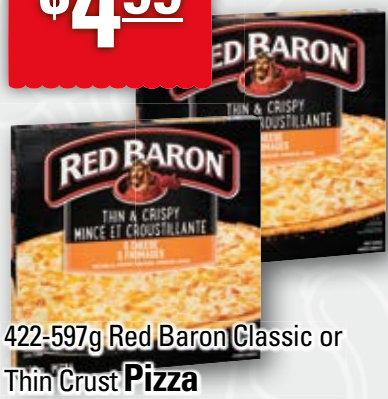
10lb Product of Canada
Red Potatoes

3/\$5



398ml Heinz
Beans or Pasta

\$4⁹⁹



422-597g Red Baron Classic or
Thin Crust **Pizza**

2/\$4



354ml Carnation 2% or Regular
Evaporated Milk

\$5⁴⁴



907g Central Dairies
Soft Margarine

4/\$5



1lt
Coke & Flavours

\$3⁹⁹



1.8lt Arctic Power
Laundry Detergent

\$4⁷⁷



3lb Product of Canada
McIntosh Apples

2/\$6⁵⁰



570g Ben's Holsum Bread
or 8pk Dempster's Hotdog or
Hamburger Buns

\$3⁸⁸



550g Apple Valley
Baked Pies

PRICES ARE IN EFFECT MARCH 14-20, 2024

All items might not be available at all Powell's locations. Photos are for illustration purposes only. Text will prevail. We reserve the right to limit quantities. We do not sell to retailers.

THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY
14	15	16	17	18	19	20

2/\$8

6x710ml
Pepsi & Flavours

\$6⁹⁹

320-400g Cracker Barrel
Cheese Bars or Shreds

\$8⁹⁷

1.5lt Kraft
Miracle Whip

\$6⁸⁸

500ml Smucker's
Jam (Excludes Raspberry)

2/\$3

165g Gattuso
Pizza Flour

\$5⁸⁸

200g Folger's
Instant Coffee

2/\$6⁸⁸

341ml VH
Cooking Sauce

\$5⁹⁹

8pk Royale Double Roll
Bathroom Tissue

2/\$6

384g Kellogg's
Pop Tarts

\$7⁹⁹

1.2-1.4kg
Minute Rice

\$2⁸⁸

166-240g Betty Crocker
Hamburger Helper

\$4⁷⁷

400g Purity
Lemon Creams

2/\$5

398ml Club Supreme
Tin Fruit

\$9⁸⁸

6pk Sponge Ultra CAS
Paper Towels

3/\$5

1lt Graves
Apple Juice

\$3⁹⁹

4pk Lipton Chicken Noodle or Knorr
Onion Soup Mix

\$6⁷⁷

2.5kg Robin Hood
White, Whole Wheat
or Best for Bread
Flour

\$13⁸⁸

3lt Unico
Vegetable Oil

\$6⁸⁸

1kg Jif
Peanut Butter

\$3⁷⁷

311-440g Selected Post
Cereal

\$2⁸⁸

227g Kraft Philadelphia
Dips

2/\$5

340g Holiday
Luncheon Meat

\$4⁸⁸

450g Purity
Fancy Biscuits

\$5⁸⁸

2lt Scotsburn
Chocolate Milk

2/\$5

120g Stove Top
Stuffing

\$6⁸⁸

1.5lt Shaw's
Ice Cream

Join us for some
LIVE MUSIC
Sunday, March 17

**POWELL'S CARBONEAR
MIKE GREELEY
OF GREELEY'S REEL**

**Powell's
Supermarket**

**Happy
ST PATRICKS DAY**

\$12⁷⁷

6x330ml Molson Heineken
Non-Alcoholic Beer

\$4⁸⁸

425g Puritan
Corned Beef Hash

\$2⁷⁷

410g Puritan
Beef or Irish Stew

\$1⁹⁹

Baked In-Store
6pk White or Whole Wheat
Clover Rolls



Your Newfoundland
Butcher

\$5⁸⁸
PER LB.
\$12.96/KG.



Made from Fresh or
Frozen Portions Value Pack
**Lean Ground
Beef**

\$22⁹⁹

1.75kg Atlantic's Best
Choice Salt Beef



\$5⁹⁹
PER LB.
\$13.21/KG.



Quality Vac Pack
Salt Pork

\$11⁹⁹



\$7⁹⁹
PER LB.
\$17.61/KG.



New Zealand
Lamb Legs

\$4⁸⁸

375g Mere Michel
Regular or Salt Reduced
Bacon



\$6⁹⁹



250g Maple Leaf
Prepped & Ready
Chicken or Ham

\$4⁹⁹
PER LB.
\$11.00/KG.



Atlantic's Best
Homestyle Sausages

\$6⁹⁹
PER LB.
\$15.41/KG.



Cut from Canada AA or USDA
Select Grades Beef
Boneless Stewing Beef

\$6⁹⁹



900g Larsen Regular or BBQ
Wieners

\$11⁹⁹



6pk Belmont
Beef Burgers

\$8⁹⁹
PER LB.
\$19.82/KG.



Frozen Bone-In
**Lamb Shoulder Roast or
Chops**

\$12⁹⁹
PER LB.
\$28.64/KG.



Cut from Canada AA or USDA Select
Grades Beef
**Prime Rib Premium Roast or
Grilling Steak**

\$6⁹⁹



650g Butcher Selection
Button Bones



Deli

\$4⁸⁸

200-250g Main Street
Deli Sliced Meats



\$2⁴⁹
PER 100G



Store Sliced Deli Classic
Corned Beef

\$15



16pk Instore Hot or Chilled
Breaded Chicken Wings

\$2⁹⁹



175g Chris Brother's
Pizza Variety
Pack



From the Sea

\$9⁹⁹
PER LB.
\$22.02/KG.

Store Wrapped FPI
Cod Nuggets



\$9⁹⁹
PER LB.
\$22.02/KG.



Previously Frozen
Halibut Steaks

\$3⁴⁴



330g Land & Sea
Fish Cakes

\$8⁹⁹



700g High Liner
Fish Sticks

FRESH. FRIENDLY. LOCAL

FRESH. FRIENDLY. LOCAL

FRESH. FRIENDLY. LOCAL



Fresh Produce



\$1⁶⁹
PER LB.
\$3.73/KG.

Product of U.S.
Green Cabbage



\$3⁴⁷
BUNCH

Product of U.S.
Celery



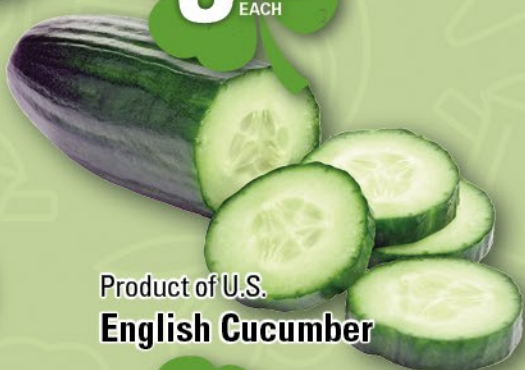
\$6⁸⁸
EACH

Product of U.S.
Honeydew Melon



\$2⁷⁷
PER LB.
\$6.11/KG.

Product of U.S.
Granny Smith Apples



\$3⁴⁷
EACH

Product of U.S.
English Cucumber



\$4⁹⁹
HEAD

Product of U.S.
Iceberg Lettuce



\$1²⁹
EACH

Size 36's Product of Mexico
Limes



\$1⁴⁹
BUNCH

Product of U.S.
Green Onions



\$2⁴⁹
PER LB.
\$5.49/KG.

Product of U.S.
Anjou Pears



\$4²⁹
BUNCH

Product of U.S.
Broccoli



\$1⁹⁹
EACH

Product of Mexico
Avocados



Dairy

\$1⁷⁷



310ml Neilson
Shakes

\$6⁸⁸

1.36kg Imperial
Margarine Quarters



\$6⁸⁸

16ct Black Diamond
Cheestrings



\$4⁴⁴



383g Pillsbury
Apple Turnover



Frozen

\$4⁴⁴



\$15⁹⁹



2kg McCain
Onion Rings

\$3⁴⁴



750g Cavendish
Crispy Coat Fries

\$1⁸⁸



295ml Minute Maid No Pulp
Frozen Orange Juice

\$6⁸⁸



400-600g McCain
Tast!ez Snacks

\$2⁸⁸



10ct Cavendish
Hash Brown Patties

\$8⁹⁹



560-581g Maple Leaf
Prime Breaded Chicken

\$23⁸⁸



2kg Pinehill
Chicken Wings

FRESH. FRIENDLY. LOCAL

FRESH. FRIENDLY. LOCAL

FRESH. FRIENDLY. LOCAL



Bakery



3 Bun Homestyle
White Bread

**Baked
In-Store**

\$2⁹⁹



12pk Golden Crust
**Shortbread
Cookies**

\$6⁵⁹



560g Golden Crust
**Angel Food
Cake**

\$8⁹⁹



**Baked
In-Store**

STARTING AT
\$10⁹⁹

St. Patrick's Day
Cakes



6pk Golden Crust
Assorted Bagels

\$3⁷⁹



2pk Golden Crust
**Boston Cream
Donuts**

\$3⁵⁹

\$6⁴⁹

**Baked
In-Store**



6pk Assorted
Cupcakes



STARTING AT
\$5⁹⁹ Powell's Artisan
**Sourdough
Bread**

**Baked
In-Store**



4-6pk Golden Crust
Large or Small
Sub Rolls

\$3⁸⁹

\$

PRICES ARE IN EFFECT UNTIL MARCH 27, 2024

Smart Shopper

\$3⁴⁴



250g Lactantia
Cream Cheese

\$1⁸⁸



1lt Minute Maid or Five Alive
Juice

\$8⁹⁹



475g Watson Ridge
Dusted Wings

\$3⁴⁴



295ml French's
**Worcestershire
Sauce**

\$5⁹⁹



765ml Windex
Trigger

\$10⁸⁸



4x473ml Monster
Energy

2/\$6⁵⁰



300ml Dairy Isle
**Sweetened
Condensed Milk**

4/\$5



113g Mario's
**Mini Vienna
Sausages**

\$23⁹⁹



16ct Outlaw
Burgers

\$4⁸⁸



454g Tenderflake
Shortening

\$4⁴⁴



3lb Golden Crust
Bread & Roll Mix

\$4⁹⁹



400-450g Carnation
Hot Chocolate

Personal Care

\$8⁹⁹



200ml Batiste
Dry Shampoo

\$5⁹⁹



295ml Vaseline Intensive Care
Lotion

\$4⁸⁸



24ct Tylenol
Tablets or Caplets

\$2⁹⁹



45-70g Lady or Mennen
Speed Stick

FRESH. FRIENDLY. LOCAL

FRESH. FRIENDLY. LOCAL

FRESH. FRIENDLY. LOCAL



Refreshments & Snacks

NATIONAL POTATO CHIP DAY
March 14th, 2024

\$9⁷⁷

\$5⁸⁸



420g Hawkins
Cheezies

\$3⁹⁷



180-200g Ruffles XL
Potato Chips

2/\$8⁵⁰



190-235g Lay's XXL or
Miss Vickie's
Potato Chips



426-576g Old Dutch
Poly Bag Chips

2/\$6⁸⁸



176g Kellogg's
Rice Krispie Squares

2/\$6



116-135g Werther's
Original
Candy

88¢



33g Cadbury
Mini Eggs

\$3⁸⁸



8-10x200ml Minute Maid
Juice Packs

2/\$3



355ml Jones
Soda

\$3⁴⁴



12x500ml Pure Life
Spring Water

2/\$6⁸⁸



138-141g General Mills
Gushers or Fruit
Roll-ups

\$4⁷⁷



234g Sara Lee
Little Bites Muffins



Furry Friends

\$1⁸⁸



85g Whiskas
Temptations

\$3⁹⁹



630g Pedigree
Dog Food

2/\$3



100g Iams
Perfect Portions
Cat Food

\$13⁸⁸



3kg Iams
Dry Dog Food

\$14⁸⁸



3-3.5lb Iams
Cat Food

\$19⁹⁹



7.2kg Alpo
Dry Dog Food



House and Home

\$5⁷⁷



900ml
Drano Max

\$3⁸⁸



1-27lt Clorox
Bleach

\$7⁴⁴



650ml Spray Nine
Trigger

\$3⁴⁴



2pk Mr. Clean
Magic Eraser

\$2⁸⁸



35 Reynolds
Parchment Paper

2/\$5



10pk SOS
Pads

More Great Deals

\$4⁴⁹



750ml Bick's
Sliced Beets

\$15⁹⁹



30ct Folgers
K-Cups

\$3⁴⁹



1kg Robin Hood
Minute Oats

\$14⁸⁸



12.7kg Arm & Hammer
Cat Litter

\$3⁴⁴



225g OXO
In-a-Mug

\$1⁶⁹



213ml Gattuso
Pizza Sauce

\$4⁸⁸



828-946ml Carnation
Coffee Mate Liquid

3/\$5



284ml Aylmer
Soup

FRESH. FRIENDLY. LOCAL

FRESH. FRIENDLY. LOCAL

FRESH. FRIENDLY. LOCAL

FRESH. FRIENDLY. LOCAL