


BAY ROBERTS 709.786.2101
 CARBONEAR 709.596.6644

VISIT US ON FACEBOOK  @PowellsNL

 View our flyer online at www.powellsnl.ca

Fresh, Friendly and Local - Since 1948

Powell's

Supermarket

\$2.49
PER LB.
\$5.49/KG.



Fresh Country Ribbon Value Pack
Whole Chicken Legs

\$2.99
PER LB.
\$6.59/KG.



Fresh Boneless
Pork Loin

\$4.99
PER LB.
\$11.00/KG.



Made from Fresh or Frozen Portions Value Pack
Lean Ground Beef

\$12.99
PER LB.
\$28.64/KG.



Cut From Canada AA or USDA Select Grades Beef
Prime Rib Grilling Steak

\$1.88



4pk Snack Pack
Puddings or Gels

99¢
PER LB.
\$2.18/KG.



Product of Florida
Watermelon Pieces

4/\$5



454g Selected Primo
Pasta

2/\$6.88



140-184g Shake 'N Bake
Coating Mix

\$6.88



1.36kg Imperial
Margarine Quarters

\$3.88



317g Red Baron
Deep Dish Singles Pizza

\$3.88



375-500ml E.D. Smith Regular or
NSA **Triple Fruit Jam**

2/\$6.50



570g Dempster's White or
Whole Wheat
Holsum Bread

\$3.99
BUNCH



Product of U.S.
Broccoli

\$5.99



4lt Old Dutch
Liquid Laundry Detergent

\$11.88



24x355ml Assorted
Coke & Flavours

PRICES ARE IN EFFECT MAY 23-29, 2024

All items might not be available at all Powell's locations. Photos are for illustration purposes only. Text will prevail. We reserve the right to limit quantities. We do not sell to retailers.

THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY
23	24	25	26	27	28	29

2/\$5




4pk Cashmere Bathroom Tissue

\$2⁸⁸



166-240g Hamburger Helper

\$7⁴⁴



320-400g Cracker Barrel Cheese Bars or Shreds

\$5⁸⁸



7lb Golden Crust Flour

2/\$4⁸⁸



425g Chef Boyardee Pasta

\$4⁴⁴



350-450g Selected Purity Crackers

\$4⁸⁸



540ml Del Monte Jar Fruit

\$11⁸⁸



3lt Unico Vegetable Oil

\$1⁸⁸



960ml Oasis Juice

\$3⁸⁸



190-280g Takis Chips

2/\$4⁸⁸



280g Econo Cookies

3/\$5



200g Kraft Dinner Original

\$5⁷⁷



272g Folgers Classic Roast Ground Coffee

2/\$4⁴⁴



354ml Dairy Isle Regular or 2% Evaporated Milk

\$9⁹⁹



6pk Sponge Ultra CAS Paper Towels

\$3⁹⁹



900g Dainty Short Grain Rice

2/\$6



176-384g Kellogg's Pop tarts or Rice Krispie Squares

\$4⁴⁴



300-380g Selected General Mills Cereal

\$4⁴⁴



1lt Cool Whip Topping

2/\$3



295ml Minute Maid or Fruitopia Frozen Punch

\$2⁷⁷



340g Holiday Luncheon Meat

\$5⁹⁹



638g Furlani Texas Garlic Toast

3/\$4



284ml Steakhouse Mushrooms

\$2⁹⁹



240-250g Ben's Original Bisto Rice
75-120g Lunchmates

Have you heard about our...

JR SHOPPER PASSPORT

Each week in our flyer, Pepper will pop up by one of her favourite items & that's our new **STICKER OF THE WEEK**. Collect them **ALL** to earn a **PEPPER STUFFIE!**

STICKER OF THE WEEK

*Passports & stickers available at the checkout. Full promo details in store or on our Facebook page.



NATIONAL HAMBURGER DAY
MAY 28TH - DAY

\$4⁹⁹



450g Armstrong Cheese Melts

\$2⁹⁹



8pk Golden Crust Hamburger or Hotdog Buns

\$10⁸⁸



6pk Belmont Burgers

\$3⁴⁴



1lt Primo Ketchup



Your Newfoundland Butcher

\$6.99
PER LB.
\$15.41/KG.

Cut from Canada AA or
USDA Select Grades Beef
**Inside Round Oven Roast
or Marinating Steak**



2/\$7
375g Coachman
Wieners



\$9.99

1.75kg Atlantic's Best
Salt Riblets



\$2.99
PER LB.
\$6.59/KG.

Frozen Tray Pack
Ground Pork



\$5.88

375g Maple Leaf Regular
or Salt Reduced
Bacon



\$5.99

375g Butterball Regular
or Salt Reduced
Turkey Bacon



\$8.99
PER LB.
\$19.82/KG.

Quality Vac Pack
Boneless Salt Beef



\$4.88

375-450g Schneiders
Juicy Jumbos or
Stadium Footlongs

\$5.99
PER LB.
\$13.21/KG.

By the Piece
Maple Leaf
Bologna



\$8.99

300g JMS
Pepperettes



\$9.99

560-581g Maple Leaf
Prime Breaded Chicken



\$23.99

2kg Pinehill
Bone-In Chicken Breast



\$6.99

650g Butcher Selection
Button Bones



\$3.99
PER LB.
\$8.80/KG.

Fresh Boneless
Pork Loin Chops

FRESH. FRIENDLY. LOCAL



Deli

\$1.99
PER 100G



Store Sliced All White
Turkey Roll

\$3.49

250g Chris Brothers
Deli Combo



\$2.49
PER 100G



Store Sliced Deli Classic
Cooked Roast Beef

\$9.99



Instore Family Size
**Picnic Combo
Salad**

FRESH. FRIENDLY. LOCAL



From the Sea

\$5.99
PER LB.
\$13.21/KG.



Store Wrapped
High Liner
**Breaded Fish
Sticks**

\$10.99

500g Appi's
Tempura Shrimp



\$9.99
PER LB.
\$22.02/KG.



Previously Frozen
Halibut Steak

\$5.99



1lb Trident Flake Style
**Imitation
Crabmeat**

FRESH. FRIENDLY. LOCAL



Fresh Produce



\$3⁹⁹

280g Product of Canada

Cherry Tomatoes



\$3⁹⁹
BUNCH

Product of U.S.
Celery



\$4⁹⁹

142g Product of U.S.
Baby Spinach



\$3⁴⁹

170g Product of U.S.
Blackberries



\$5⁹⁹

3lb Product of Canada
McIntosh Apples



\$4⁹⁹
PER LB.
\$11.00/KG.

Product of Canada
Red Peppers



\$5⁹⁹
EACH

Product of Mexico
Honeydew Melon



\$1⁷⁹
EACH

Product of Canada
English Cucumber



\$3⁹⁹
PER LB.
\$8.80/KG.

Product of U.S.
Red Onions



\$3⁴⁹
PER LB.
\$7.69/KG.

Product of Chile
Plums



\$2⁴⁹
PER LB.
\$5.49/KG.

Product of Argentina
Bartlett Pears



Dairy



\$6⁴⁴

8x93ml Danone Danino
Drinkable Yogurt



\$13⁸⁸

1.7kg Becel Regular
Margarine



\$3⁴⁴

468g Pillsbury RTB
Chocolate Chip Cookies



\$1⁹⁹

227g Lactantia
Garlic Butter



Frozen



\$6⁸⁸

400-600g Selected McCain
Tast!ez Snacks



\$3⁴⁴

380g Pillsbury
Pizza Pops



\$2²²

250g Green Giant Simply
Steam **Broccoli & Cauliflower with Cheese**



\$4⁸⁸

400g Cavendish
Quick Crisp Onion Rings



\$5⁴⁴

280-338g Swanson
TV Dinners



\$3⁴⁴

750g Cavendish
Crispy Goat Fries



\$4⁸⁸

520g Apple Valley
Lemon Meringue Pies



\$15⁸⁸

48ct Kellogg's Original
Eggo's

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Bakery



\$11.99

Banana Split
Cake

**Baked
In-Store**



\$7.99

2pk
**Cinnamon
Bread**

**Baked
In-Store**



\$3.60

2pk Golden Crust
**Gracie's Cream
Donuts**



\$3.79

6pk Golden Crust
**Assorted
Bagels**



\$5.39

6pk Golden Crust NSA
Plain or Raisin
Teabuns



\$2.29

Fat Free, Sugar Free
Bread

**Baked
In-Store**



\$2.99

3 Bun Homestyle
White Bread

**Baked
In-Store**



\$8.29

6pk Golden Crust
**Chocolate Dipped
Cream Puffs**



\$1.99

**Baked
In-Store**

6pk White or
Whole Wheat
Clover Rolls

FRESH. FRIENDLY. LOCAL

\$

PRICES ARE IN EFFECT UNTIL JUNE 19, 2024

Smart Shopper

\$7.99



12ct Folger's
**K-Cup Coffee
Pods**

2/\$6



250ml Heluva
Good Dip

\$4.88



475ml Kraft
Sandwich Spread

\$4.44



8x200ml Oasis
**Fruitoo or Hydrafruit
Juice**

\$4.88



400g Purity
Lemon Creams

\$6.88



1kg Jif
Peanut Butter

\$8.88



1kg Golden Maple
Chicken Balls

4/\$5



250g Arm &
Hammer
Baking Soda

\$5.88



4x355ml Mexican
Glass Bottle Coke

\$14.88



6x237ml Boost
Meal Replacement

\$9.88



633g Chris Brother's
Donair Dippers

\$2.22



1.18lt Sunny Delight
Beverage

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Personal Care

2/\$3



95ml Colgate
Toothpaste

\$6.99



350ml Live Clean
**Shampoo or
Conditioner**

\$19.88



21-44ct Pampers
Baby Dry

\$3.29



500ct Q-Tips
Cotton Swabs

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Refreshments & Snacks

\$2.77



100-199g Quaker Crispy Minis or Rice Cakes

2/\$8.50



220-235g Lay's XXL or Baked Potato Chips

\$13.99



24x500ml Pure Life Splash Rainbow Water

2/\$6



113g Diamond Snacking Walnuts

\$3.88



250-300g Humpty Dumpty Cheese Snacks or Party Mix

2/\$2



40-60g Selected Nestle Bars

\$4.77



4pk Dole Pineapple Juice

\$4.88



330g Old Dutch Economy Pack Potato Chips

\$4.88



818g Dare Real Fruit Jubes

4/\$5



1lt Pepsi & Flavours

2/\$6



210-246g Orville Redenbacher Popcorn

\$6.44



6x295ml Ocean Spray Cran Cocktail

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Furry Friends

\$13.99



12pk Friskies Club Pack Cat Food

\$8.44



2kg Purina Adult Dog Food

\$6.99



6.4kg Arm & Hammer Cat Litter

\$4.44



170g Beggin Strips

2/\$3



75g Whiskas Perfect Portions Cat Food

\$14.99



7lb Iams Mini Chunks with Chicken Dry Dog Food

FRESH. FRIENDLY. LOCAL



House and Home

\$4.44



1.2lt Lysol Multipurpose Cleaner

\$3.88



1.27lt Clorox Bleach

\$2.88



34use Bounce Outdoor Fresh Dryer Sheets

\$4.99



438ml Febreze Fabric Refresher

\$3.29



2pk Mr. Clean Magic Eraser

\$5.77



950ml Scrubbing Bubbles Bathroom

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More Great Deals

\$2.77



141g Betty Crocker Potatoes

2/\$4



100ct White Swan Table Napkins

\$1.88



450g Thompson Yellow Split Peas

\$3.44



132g Et tu Caesar Salad Kits

2/\$3



165g Gattuso Pizza Flour

\$3.77



42g Gerber Graduates Puffs

\$4.99



625-725g Purity Sweet or Hard Bread

\$3.99



20-24ct Selected Tetley Specialty Tea

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